

Aldara Cream Treatment for Basal Cell Carcinoma

Aldara is presently packaged in a 6 or 12 sachet box. It also comes in a small pump cylinder. The volume of the pump is roughly equivalent to 6 sachets. Because there is less wastage pumps usually give a slightly higher volume. The instructions in the information leaflets and packaging for the treatment of superficial Basal Cell Carcinoma's are helpful but these guidelines have been modified and refined.

Four squirts of the pump are equivalent in volume to the contents of one sachet. If you are using a sachet please put a small pin prick in the nozzle and extract a small volume of cream. One sachet will usually last for approximately 5 applications. If the pump is being used one squirt is more than sufficient. Please apply the cream thinly at night. The treatment does not need to be covered with a dressing. Once a sachet has been opened it will remain active for well over a week.

Please apply the cream at night. The manufacturer recommends that it is applied Monday to Friday leaving it off Saturday and Sunday for 6 weeks. It should therefore be applied on 30 occasions. It is quite appropriate to use moisturisers, sunblock and cosmetic make-ups during the day.

The treated area will become red and inflamed and often a little weepy. If it becomes moderately tender leave it off for a longer period of time, let the area settle and then start again. Aldara is usually applied on 30 occasions at night but the modified regime may take from 6 to 8 weeks to complete. The treatment area will need to become red and inflamed for the cream to be successful but the experience should not be considered too unpleasant.

Your treatment doctor may give you slightly varying instructions depending on the nature of your cancer, the site of your cancer, the sensitivity of your skin and the overall expectations. Please follow your treating doctors advice as the information above is purely a guideline. Your doctor will give you advice as to when you should be further reviewed. Please note that not all lesions respond to Aldara so you do need a follow up visit.



For enquiries or concerns, please contact
Fremantle Dermatology on
9430 4488